



Men's Kitchen

Are you a man looking to increase your confidence in the kitchen?

The Men's Kitchen Association conducts monthly cooking sessions at our Warriewood, Forestville and Curl Curl Kitchens and these cooking sessions run from 11am to 2.00pm on several days each month. At each of these sessions, led by an experienced cooking instructor, around 8-10 older men share the duties to prepare a two-course meal which we then sit and enjoy together as a group.

What do we cook? We plan each menu a month ahead and decide on a main dish and a dessert for the coming month. Those attending help select preferred recipes for the new menu, and we share the duties to purchase the ingredients in time for the next cooking session.

The Men's Kitchen welcomes new men to join our cooking sessions at the Ted Blackwood Centre, at the Forest Community Centre or at the Curl Curl Youth and Community Centre.

If you are an older man and have been considering learning how to cook, now is your chance.

For more information or to book in, contact:

Peter Watson on: 0411 476 532

Email: info.nb@menskitchen.org.au. Website: menskitchen.org.au

Old Dogs. New Tricks. Great Mates.

Men's Kitchen Association

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